

VCCL Results - Mark O'Brien

Member number: 33
 Races: 258; Wins: 5 (1.9%); Top Ten: 78 (30.2%)
 Active from 1986 to 2023

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
06/04/2008	Fred Grubb Memorial Handicap	70	6.5	33:25	25	5:00		28:25	8:12	5:08
13/04/2008	Moran Stable Handicap	65	5	23:50	25	3:45		20:05	4:37	4:46
02/05/2010	Fred Grubb Memorial Handicap	48	6.5	31:30	30	6:00		25:30	6:07	4:51
30/05/2010	Caruana Cross Country Classic	64	8	40:59	40	10:00		30:59	5:58	5:07
12/06/2010	Boutique FPS Handicap	29	5	22:17	42	6:25		15:52	1:19	4:27
01/08/2010	VCCL Roy McKenzie Legend Handicap	41	5	30:00	44	6:45		23:15	9:05	6:00
03/07/2011	VCCL 5x3km Relay Challenge	45	3	15:10	50	5:00		10:10	1:34	5:03
27/05/2012	Helmut & Maija Prentler Handicap	40	8	41:20	41	10:15		31:05	6:05	5:10
14/04/2013	Fred Grubb & Robert Charlton Memorial	17	6.5	31:52	50	10:00		21:52	1:50	4:54
18/05/2014	Moran Stable Handicap	34	5	22:41	43	6:30		16:11	1:20	4:32
17/08/2014	15th Westgate Bridge Handicap	47	5	23:32	44	6:40		16:52	2:13	4:42
24/08/2014	Ray O'Connor Legend Handicap	33	5	22:52	44	6:40		16:12	1:47	4:34
21/09/2014	Presidents & Ted Paulin Handicap	29	6.5	31:45	44	8:50		22:55	2:43	4:53
21/06/2015	16th Westgate Bridge Handicap	31	5	22:51	45	6:45		16:06	1:11	4:34
26/07/2015	3rd Jayen Engineers Handicap	21	5	22:46	46	6:55		15:51	1:07	4:33
17/04/2016	Fred Grubb & Bob Charlton Memorial	5	6.5	30:03	45	9:00		21:03	0:35	4:37
12/05/2018	parkrun	14	5	23:37	46	6:55	1:00	15:42	2:16	4:43
23/06/2018	parkrun	26	5	27:50	47	7:05	0:40	20:05	6:05	5:34
30/06/2018	parkrun	20	5	34:19	48	7:15	0:50	26:14	11:42	6:52
11/08/2018	parkrun	20	5	46:56	49	7:25	0:30	39:01	24:45	9:23
08/06/2019	parkrun	18	5	26:02	48	7:15	0:30	18:17	3:38	5:12
17/08/2019	parkrun	20	5	40:35	49	7:25	0:21	32:49	18:08	8:07
31/08/2019	parkrun	20	5	28:34	49	7:25	0:24	20:45	6:14	5:43
14/09/2019	parkrun	15	5	25:54	50	7:30	0:24	18:00	3:41	5:11
21/05/2022	parkrun	17	5	35:41	50	7:30	0:18	27:53	12:58	7:08
02/07/2022	parkrun	17	5	32:43	51	7:40	1:00	24:03	9:03	6:33
13/08/2022	parkrun	15	5	32:32	51	7:40	1:00	23:52	8:47	6:30
27/08/2022	parkrun	10	5	27:35	52	7:50	1:00	18:45	5:06	5:31
24/09/2022	parkrun	18	5	34:56	52	7:50	0:30	26:36	11:17	6:59
03/06/2023	parkrun	6	5	26:46	60	9:00	0:12	17:34	2:57	5:21
10/06/2023	parkrun	8	5	27:47	65	9:45	0:12	17:50	2:22	5:33
15/07/2023	parkrun	6	5	27:39	70	10:30	0:00	17:09	2:20	5:32
12/08/2023	parkrun	5	5	26:28	73	11:00	0:12	15:16	0:27	5:18
26/08/2023	parkrun	1	5	25:58	73	11:00	0:12	14:46	0:00	5:12
10/09/2023	Westgate Bridge Handicap	4	5	25:51	66	9:55		15:56	0:47	5:10